

Anne Hearnden

Heart for Knitted Knockers



Use all 6 strands of embroidery thread. Separate them one at a time, the threads will then lay flat instead of twisted and will cover the stitch better. Use a blunt needle to avoid splitting any threads or yarn

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Materials

Blunt needle

6 stranded embroidery thread
approximately 32-35 inches (80-90cm) will complete one heart



Use a waste knot, or just leave your thread resting on top of your work away from the starting point.



Weave your ends in when you have finished, leave a very short tail inside to avoid the end popping through to the right side.